



# Sarai Cole

Success as an artist  
with dyslexia

[www.SaraiCole.com](http://www.SaraiCole.com)






## Who am I?

I am a Californian  
I am resident of Germany  
An opera singer  
I have a neurological disorder  
An autoimmune disease  
And I am dyslexic  
I have a BA in Acting and  
Directing  
I have an MM in Opera  
I am applying for Doctoral  
Programs



A photograph of two women singing on a stage. The woman on the left has long, dark, wavy hair and is wearing a black t-shirt. She is singing with her mouth open and her hands raised in front of her. The woman on the right has brown hair pulled back and is wearing a dark grey t-shirt. She is also singing, looking towards the left. The background is dark with some stage lights visible.

What does it mean to be an Artist?

How do you become an opera  
singer?

What is Dyslexia?

What are some careers many  
dyslexic people excel in?

## What Is Dyslexia?

Dyslexia is a type of learning disability. A person with a learning disability has trouble processing words or numbers. There are several kinds of learning disabilities — dyslexia is the term used when people have trouble learning to read, even though they are smart and are motivated to learn.

**Because** people with dyslexia think in pictures, shapes and movement, they can make good engineers, architects, programmers, and artists. Reportedly, around 20-30% of engineers are dyslexic and around 50% of NASA Scientists are dyslexic.

## Within the performing arts you can find many dyslexic people...

Directing  
Making light and set designs  
Sound Engineering  
Performing

~VIDEO~

## Different languages I have sung in:

German  
Italian  
Spanish  
Czech  
Russian  
Japanese

It might be easier for you  
to learn foreign languages  
conversationally Instead of in a classroom





1 in 10 people are dyslexic

Dyslexia and other learning differences occur among people of all economic and ethnic backgrounds.

Best practice in my opinion is to be open and honest about having dyslexia.

It is important to stick up for yourself. There are many people who think that dyslexic people are stupid because they don't know what it actually is. You must be your biggest advocate. Know what you want, what you are capable of, and go for it.

You can do anything you love. Any profession anyone chooses as a career will be difficult and everyone has their own unique set of circumstances but if you love it it will be worth it.

Dyslexie font <https://www.dyslexiefont.com>

Ask google

Use a text reading function to make sure your written work/stories/papers/etc. all sound and are exactly as you intend. If you don't have a computer or device with this text reading feature, ask someone to read your paper to you and mark where there is a mistake or a wrong word. Or record yourself reading your paper and then wait an hour or a day and listen to it while reading along with your paper.

Do not procrastinate. The best thing you can do for yourself is give yourself enough time to use the resources available to you.



The background image shows a woman with dark curly hair, wearing a black t-shirt, sitting at a wooden desk in a dimly lit room. She is focused on writing on a piece of paper with a yellow pencil. On the desk are several other papers and a red pen. To her right, a man wearing a blue t-shirt, a black baseball cap, and dark pants is standing. He is holding a professional video camera mounted on a black tripod, aiming it towards the left. The room has blue curtains in the background, and the overall lighting is low, creating a professional, behind-the-scenes atmosphere.

## Other jobs I've had/have

Marketing Manager  
Social media content manager  
Videographer/editor  
Director  
Personal assistant  
Graphic designer  
Website designer  
Event/Show Producer  
Playwright  
Composer



## **Resources**

**Marcia Brissett-Bailey: The Black Dyslexic**

[https://www.instagram.com/theblackdyslexic/?fbclid=IwAR0Pa9UxCFXH--xR5xxnTxJX3TDWIE20a3qi17z7\\_UNV-gtQj4w4T1JAmyk](https://www.instagram.com/theblackdyslexic/?fbclid=IwAR0Pa9UxCFXH--xR5xxnTxJX3TDWIE20a3qi17z7_UNV-gtQj4w4T1JAmyk)

**Dr Sam Hiew: Adhd Girls**

Based in the UK

[https://www.instagram.com/adhd\\_girls/](https://www.instagram.com/adhd_girls/)

<https://adhdgirls.co.uk>

**The Black and Dyslexic Podcast**

<https://podcasts.bcast.fm/the-black-and-dyslexic-podcast>

<https://open.spotify.com/show/1lke4f4HNPBh6GvqoR5c9Q?si=104dbcfba5594c43>

**Dyslexiefont**

<https://www.dyslexiefont.com>

**Dyslexia Coffee Talk Podcast**

<https://open.spotify.com/show/1ggTlj6armFzgtglcU8Sr2?si=e7f5f237dd094f0b>

**Dyslexia Explored Podcast**

<https://open.spotify.com/show/6uMjfiRnMCn8JMXGTpWoRA?si=e4f71422b1ef4be3>



## **Bibliography**

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